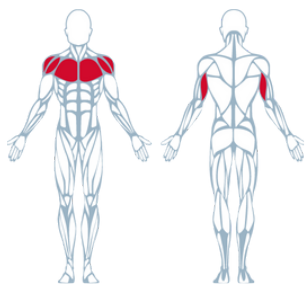


KEISER STRENGTH

A300 TRICEPS

Model 1932

UPPER BODY MACHINES



KEISER® ENGINEERING
HUMAN PERFORMANCE™

PRECISION FOR YOUR TRICEPS

This machine uses a dip motion that has real-world benefits for people of all fitness levels. Unlike conventional machines that use iron, the A300 Triceps' low-inertia design gives you a smooth resistance. This can help protect joints and connective tissue from shock loading. The result is a workout unlike anything else on the market.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.



Visit [keiser.com](https://www.keiser.com) for more information.

FEATURES

- Cost-effective way to provide strength training options
- Virtually zero shock to muscles, connective tissues, and joints
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Large digital displays with resistance and counted repetitions
- Durable construction engineered for years of use
- Thick base for added stability

SPECIFICATIONS

HEIGHT: 62" / 1575 mm

WIDTH: 28" / 711 mm

DEPTH: 61" / 1549 mm

WEIGHT: 169 lbs / 77 kg

RESISTANCE:

0 - 624 lbs / 0 - 283 kg

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