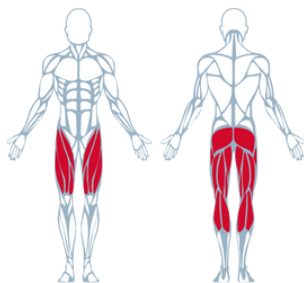


KEISER STRENGTH

A300 DEADLIFT

Model 3331

LOWER BODY MACHINES



FIRST OF ITS KIND

The A300 Deadlift Machine revolutionizes the traditional trap bar deadlift by combining unilateral functionality with Keiser's signature pneumatic resistance. Designed with the same footprint as the Squat Pro, this machine allows users to train each side independently, promoting balanced strength and reducing muscular imbalances. Its low-inertia design ensures smooth, controlled resistance, minimizing joint stress while maximizing power output. Ideal for athletes and fitness enthusiasts alike, the A300 Deadlift Machine enhances explosive strength, stability, and overall performance.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

FEATURES

- Resistance range for intense functional workouts
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Large digital displays with resistance and counted repetitions

SPECIFICATIONS

HEIGHT: 72" / 1829 mm

WIDTH: 32" / 813 mm

DEPTH: 60" / 1524 mm

WEIGHT: 683 lbs / 310 kg

RESISTANCE:

0 - 900 lbs / 0 - 408 kg

