KEISER STRENGTH

A300 UPPER BACK

Model 2032



V FOR VICTORY

Featuring two hand-grip positions to maximize the work on the muscles of the upper, middle, and sides of your back, it is this machine that contributes to the V-shape we admire in the human body. While this is a bilateral machine (both arms work together), it does offer variety for someone on a budget.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's Dynamic Variable Resistance is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

FEATURES

- Cost-effective way to provide strength training options
- · Virtually zero shock to muscles, connective tissues, and joints
- Smooth Keiser Dynamic Variable Resistance
- · Fully adjustable to accommodate a wide range of users
- · Bilateral movement for body symmetry training
- Large digital displays with resistance and counted repetitions
- Durable construction engineered for years of use
- · Thick base for added stability

SPECIFICATIONS

HEIGHT: 78" / 1981 mm **WIDTH:** 35" / 889 mm **DEPTH:** 41" / 1041 mm **WEIGHT:** 192 lbs / 87 kg

RESISTANCE:

0 - 582 lbs / 0 - 264 kg

