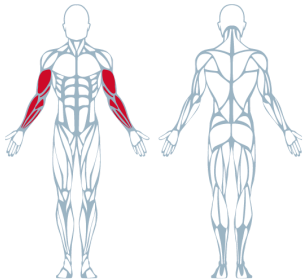


KEISER STRENGTH

A400 ARM CURL

Model 1721

UPPER BODY MACHINES



KEISER® ENGINEERING
HUMAN PERFORMANCE™

BICEPS FOR EVERYONE

Build your biceps safely and effectively with the A400 Unilateral Arm Curl machine, designed to promote symmetry by preventing the stronger side from helping the weaker side. Its smooth, pneumatic resistance allows for precise control and safer movement patterns, helping you build strength while minimizing strain. The machine features easy elbow positioning to align with the exercise arm pivot, and the handle grips automatically adjust to your forearm length for a more comfortable, customized fit.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

Visit [keiser.com](https://www.keiser.com) for more information.

FEATURES

- Cost-effective way to provide strength training options
- Virtually zero shock to muscles, connective tissues, and joints
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Bilateral movement for body symmetry training
- Large digital displays with resistance and counted repetitions
- Durable construction engineered for years of use
- Thick base for added stability

SPECIFICATIONS

HEIGHT: 38" / 965 mm

WIDTH: 25" / 635 mm

DEPTH: 47" / 1194 mm

WEIGHT: 115 lbs / 52 kg

RESISTANCE:

6 - 227 lbs / 3 - 103 kg

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