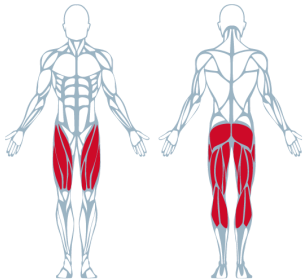


## KEISER STRENGTH

# A400 DEADLIFT

Model 3331

LOWER BODY MACHINES



**KEISER**® ENGINEERING  
HUMAN PERFORMANCE™

## FIRST OF ITS KIND

The A400 Deadlift Machine revolutionizes the traditional trap bar deadlift by combining unilateral functionality with Keiser's signature pneumatic resistance. Designed with the same footprint as the Squat Pro, this machine allows users to train each side independently, promoting balanced strength and reducing muscular imbalances. Its low-inertia design ensures smooth, controlled resistance, minimizing joint stress while maximizing power output. Ideal for athletes and fitness enthusiasts alike, the A400 Deadlift Machine enhances explosive strength, stability, and overall performance.

## KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

▶ Visit [keiser.com](https://www.keiser.com) for more information.

## FEATURES

- Resistance range for intense functional workouts
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Large digital displays with resistance and counted repetitions

## SPECIFICATIONS

**HEIGHT:** 72" / 1829 mm

**WIDTH:** 32" / 813 mm

**DEPTH:** 60" / 1524 mm

**WEIGHT:** 683 lbs / 310 kg

**RESISTANCE:**

0 - 900 lbs / 0 - 408 kg

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