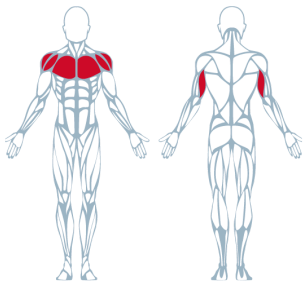


KEISER STRENGTH

A400 MILITARY PRESS PRO

Model 1633

UPPER BODY MACHINES



KEISER® ENGINEERING
HUMAN PERFORMANCE™

ELEVATE YOUR SHOULDER HEALTH

Build upper body strength and power with the A400 Military Press Pro, offering smooth, pneumatic resistance for precise control. This unilateral machine promotes symmetry by preventing the stronger side from assisting the weaker side, ensuring balanced development. Ideal for users of all sizes, the A400 Military Press Pro accommodates a wide range of heights with its adjustable seat and arm positioning.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

Visit [keiser.com](https://www.keiser.com) for more information.

FEATURES

- Cost-effective way to provide strength training options
- Virtually zero shock to muscles, connective tissues, and joints
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Large digital displays with resistance and counted repetitions
- Durable construction engineered for years of use
- Thick base for added stability

SPECIFICATIONS

HEIGHT: 61" / 1549 mm

WIDTH: 45" / 1143 mm

DEPTH: 56" / 1422 mm

WEIGHT: 207 lbs / 94 kg

RESISTANCE:

0 - 336 lbs / 0 - 152 kg

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