KEISER STRENGTH



A300 CHEST PRESS PRO

Model 1338

PUSHING THE LIMITS OF HUMAN PERFORMANCE

At Keiser, we're constantly innovating to reach the next level of human performance. We're never satisfied with the status quo. Even if it's our status quo. Because... Strong can be stronger. Fast can be faster. Power can be more powerful. Because science is on our side. **Because... 'Good Enough' Isn't.**

KEISER STRENGTH

Only Keiser's **Dynamic Variable Resistance** safely builds strength at any speed, which is the key to building maximum power (Force x Velocity). Keiser strength machines enable you to develop power, and Power is the key to Performance.



UPPER BODY MACHINES

A300 CHEST PRESS PRO

Model 1338

POWER BOOSTER

The ultimate in Chest Power is our Chest Press Pro. A 600-pound Chest Press to challenge the strongest among us, at speeds that challenge the fastest. Power [Watts] = Force x Velocity. Simply put, Power is Strength times Speed. You can't produce Power if you are strong and slow or fast and weak. The only way you produce real Power is to be strong and fast. At Keiser, we focus on building strength at game speed.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.



FEATURES

- Enhanced resistance up to 600 pounds
- Smooth Keiser Dynamic Variable Resistance
- Durable construction engineered for years of use
- Large digital display with resistance and counted repetitions

SPECIFICATIONS

HEIGHT: 76" / 1931 mm

WIDTH: 43" / 1092 mm

DEPTH: 51" / 1296 mm

WEIGHT: 198 lbs / 90 kg

RESISTANCE RANGE:

0 - 596 lbs / 0 - 270 kg

